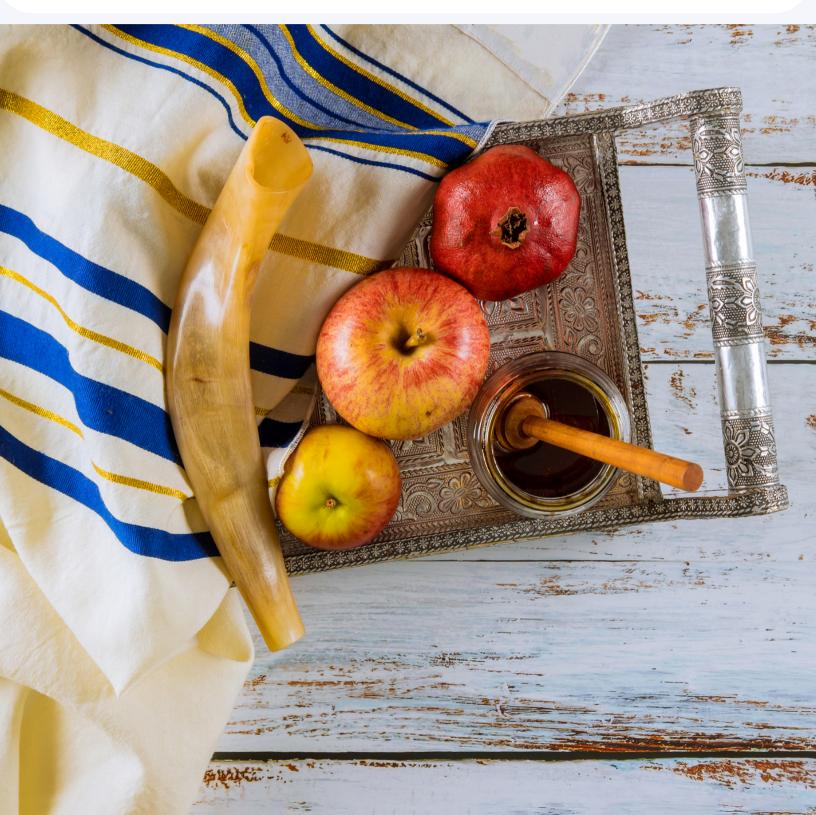
# CONGREGATION SHAAREY ZEDEK

MONTHLY BULLETIN

SEPTEMBER 2023 ELUL 5783 - TISHREI 5784





# A Letter from Rabbi Bigman

I remember sitting in one of my first undergraduate psychology courses at the University of Michigan listening to the professor talk about the mourning process. The professor noted that people go through various stages following the death of a loved one:

First, there is the state of disbelief, the state of shock at learning of someone's death. Then there is the need to remove yourself from the mundane tasks of daily living as you begin the grieving process. Slowly but surely you return to 'normal,' resuming your daily lifestyle. Yet on special days, such as birthdays, anniversaries, and holidays, your sense of loss is heightened; you remember your loved one even more on these days.

As I listened to my professor, I realized that all of this sounded very familiar to me. Long before psychology was a course of study, our ancestors had recognized these stages of mourning and developed rituals to help us deal with each of them.

As a rabbi, I deal with death on a regular basis. When I meet with a bereaved family, I try to keep in mind the two basic principles by which Jewish death and mourning rites are governed:  $k'vod\ ha-met$ , "the dignified or respectful treatment of the dead," and  $k'vod\ he-chai$ , "the honored treatment of the living (the surviving relatives)." I talk to the family about Jewish mourning customs. I encourage them to explore these rituals as they can be a source of great comfort.

I was reminded of this truth once again during my family's recent bereavement. Although my dad had been declining and we had started hospice care for him, it was still surreal to receive the call from my sister, as I sat in my doctor's waiting room for my yearly physical, that our dad had died. Thus began the time of *aninut* ("deep sorrow or distress"). This is the time from death until burial. During this time of distress, the mourners are not obligated to pray or carry out other religious duties; the mourners must concern themselves with making the funeral arrangements. I spent the rest of the day cancelling appointments, ensuring coverage for worship services, notifying family and friends, making plane reservations to Florida, etc.

The day of the funeral, prior to the closing of the casket, we were able to see my dad one last time. While painful to see him, it was also comforting to know that he was no longer in distress. Earth from Israel was placed in the coffin, beneath the body, symbolizing the connection that Jews around the world feel toward Israel.

(continued on page 3)

A funeral director once told me that the funeral is a time for remembrance and for saying "thank you." Selections from the Book of Psalms especially emphasize this spirit of thanksgiving. Hearing these traditional words recited by Rabbi Marci Bloch of Temple Dor Dorim in Weston, Florida, who grew up in the same congregation as I did, were a source of comfort. Writing and delivering my dad's eulogy was a challenge but also comforting to me.

The second stage of mourning is *shivah*, from the Hebrew word for "seven," the seven days of mourning beginning immediately following burial. My mother chose to observe a shorter *shivah* period. There is so much solace derived from being together as a family during this time (although, admittedly, it can also be somewhat stressful to all be constantly together for an extended period of time!). Overall, this was a wonderful opportunity to share stories and memories of my dad, and to be comforted by the presence of some cousins and my parents' friends.

But this comfort didn't stop with the conclusion of our *shivah* period. When I returned to East Lansing, I found notes of condolence and notices of contributions made to various organizations in memory of my father. Our tradition notes that by giving *tzedakah* the memory of the deceased lives on in good deeds. Those cards and donations were therefore an additional source of strength and comfort as I considered the good works that will occur in my dad's memory. Furthermore, saying my father's name before *Kaddish* during *Shabbat* services each week during *sheloshim*, the thirty-day period of time beginning with the burial, brought me much consolation.

As is our custom, I will remember my dad during *Yizkor* on *Yom Kippur, Shemini Atzeret, Pesach*, and *Shavuot* each year and on his *yahrtzeit*.

May Ronald Bigman's memory be a blessing to our family and to all who knew him.





We are looking for volunteers to put up the Shaarey Zedek Sukkah on Tuesday, September 26. Please contact Rabbi Bigman at rabbibigman@shaareyzedek.com. Thank you for doing this mitzvah.





## **High Holy Days Worship Schedule**

Friday, September 15 Rosh Hashanah Evening 7:30 p.m. Worship Service



Saturday, September 16
Rosh Hashanah Day 1
9:00 a.m. Children's Service
10:30 a.m. Adult Morning Service
4:00 p.m. Tashlikh / Birthday Party for the World

Sunday, September 17 Rosh Hashanah Day 2 9:00 a.m. Conservative Morning Service

Sunday, September 24 Kol Nidrei Evening 7:30 p.m. Worship Service

Monday, September 25
Yom Kippur Day
9:00 a.m. Children's Service
10:30 a.m. Adult Morning Service
1:30 p.m. Adult Education
3:00 p.m. Healing Service
3:30 p.m. Minkhah Service
5:00 p.m. Yizkor
5:30 p.m. Neilah
6:30 p.m. Break Fast

Our *Tashlikh* Service will be combined with a "Happy Birthday to the World" party for children, complete with cake and festivities. Please join us at Harris Nature Center (3998 Van Atta Road, Okemos)

Letters of Reciprocity to attend High Holy Days services at other congregations are available to any Shaarey Zedek member-in-good-standing. Please contact the office. As is our policy, college students are welcome to join us for worship. They must show a valid student identification card upon entering the synagogue.

At 10:00 a.m. September 10, we need volunteers to help us change out our *Mishkan T'filah* prayer books and replace them with our *Mishkan HaNefesh* for *Rosh HaShanah* prayer books. We will also need volunteers to switch from the *Rosh HaShanah* prayer books to the *Yom Kippur* prayer books on Wednesday, September 20 at 4:30 p.m. and from the *Yom Kippur* to *Shabbat* prayer books on Wednesday, September 27 at 10 a.m. Please contact Rabbi Bigman at <a href="mailto:rabbibigman@shaareyzedek.com">rabbibigman@shaareyzedek.com</a> to let her know that you will be able to help her switch the prayer books on one or all of these dates. Thank you.

\*Healing service-Please note: Due to the nature of the Healing Service and the mood we would like to impart, entrance to the *Minkhah* service will not begin until the Healing Service has concluded. Thank you for your understanding and cooperation.

# BAKERS AND VOLUNTEERS NEEDED! ROSH HASHANAH ONEG!

We need you:

To bake or purchase goodies, including apples & honey, cookies, cakes, etc.

To set up the *oneg* on Friday morning, September 15 at 10:00 a.m.

To clean up following the *oneg* on *Rosh Hashanah* evening

Please contact Mitzi Goldstein (mitzigoldstein@gmail.com) to let her know how you can help us begin a sweet new year!





#### Please join Congregations Kehillat Israel and Shaarey Zedek For a special *Selichot* service and program In preparation for the High Holidays

Saturday September 9, 2023 7:00 P.M.

at Congregation Shaarey Zedek Worship led by Rabbi Amy Bigman and Rabbi Dr. Matthew Kaufman Program to follow

## JOIN OUR SHAAREY ZEDEK FAMILY FOR THE YOM KIPPUR BREAK-FAST

Monday, September 25, 2023 following the *Neilah* Service

Please RSVP by Friday, September 15, 2023 No walk-ins, please.

Any questions call Roslyn 230-6065 or email roslyncovey@att.net

Send checks payable to Congregation Shaarey Zedek Sisterhood

Mail to:

Roslyn Covey
2320 Sapphire Lane
East Lansing, MI 48823

Name:
Number of Adults (Age 13 and up)\$20.00 X =
Number of Children (Age 6-12) \$ 8.00 X =
Number of Children (Under 6)Free X=

Total Amount enclosed \$\_\_\_\_\_

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## Shaarey Zedek Religious School Kick-off Event

### Sunday, September 10 | 9:30 a.m. - 12:00 p.m.

Here is your opportunity to meet the teachers, madrichimot, and staff of our school! Check out our beautiful classrooms and get to know your classmates! Parents / guardians are welcome and encouraged to attend with their children.

There will be a Q&A session with *Menahelet* Margot just for parents and guardians at 11:15-11:45 a.m.



Don't worry if you missed the August 27 deadline to avoid a late fee. You can still register! Form A (Tuition Form) and a link to Form B (Family Information Form) are on the following page.

### September and October SZRS Calendar

#### September

Sun, Sept. 10: SZRS Kick-off Event Wed, Sept. 13: SZRS for 3rd-7th Sun, Sept. 17: NO SCHOOL Wed, Sept. 20: SZRS for 3rd-7th Sun, Sept. 24: NO SCHOOL Wed, Sept. 27: SZRS for 3rd-7th

A Complete Calendar for the 2023-2024 School Year will be emailed to SZRS Families in August.

#### October

Sun, Oct. 1: SZRS for **All** including *Tichon* (8th-12th)

Wed, Oct. 4: SZRS for 3rd-7th

Sun, Oct. 8: SZRS for All; Consecration &

Simchat Torah Ceremony at 11:00 a.m.

Wed, Oct 11: SZRS for 3rd-7th

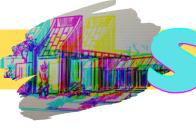
Sun, Oct 15: SZRS for All

Wed, Oct 18: SZRS for 3rd-7th

Sun, Oct 22: SZRS for All

Wed. Oct 25: SZRS for 3rd-7th

Sun, Oct 29: SZRS for all



## **REGISTRATION FORM A**

## 2023-24 / 5784 SCHOOL YEAR



To register for the 2023-24 / 5784 school year, please complete this official registration form (Form A) and return it to the Congregation Shaarey Zedek Office by Sunday, August 27 to avoid a \$50 late fee. Registration is not guaranteed until you have also completed the Family Information Registration Form B, here: <a href="https://bit.ly/SZRSFamilyinfoForm23-24">https://bit.ly/SZRSFamilyinfoForm23-24</a> or by pointing your camera at the QR code to the left. If you need a paper copy of Form B, please contact Menahelet (Director) Margot Valles at menahelet.margot@shaareyzedek.com.

First payment is due at time of registration.

You must be a member in good standing of Congregation Shaarey Zedek to register your child/ren.

The religious school is subsidized by Shaarey Zedek member dues, the Shaarey Zedek Sisterhood, congregational funds and endowments, and SZRS fundraisers. This year, we are hoping that tuition will cover 70% of actual costs. **If you are able, please consider paying any amount closer to the "true cost."** Any remittance over 70% is greatly appreciated and will be considered a tax-deductible donation. **Todah rabah!** Thank you very much!

Shaarey Zedek strongly values education and is committed to providing a quality program for all SZRS students, regardless of financial ability. If tuition is a financial hardship, please contact:

Synagogue President Todd Cook [toddcook@hotmail.com or 281 - 4042] before the registration deadline.

Program and Tuition Options	I will pay 100% of the cost per student:	I will pay 80% of the cost per student:	I will pay 70% of the cost per student:
Pre-K through 2nd Grade (Sundays Only)	<b>\$1000</b> (\$100 per month) \$300 donation	<b>\$800</b> (\$80 per month) \$100 donation	<b>\$700</b> (\$70 per month)
3rd through 7th Grade (Sundays and Wednesdays)	\$1300 \$1040 (\$130 per month) (\$104 per month) \$390 donation \$130 donation		<b>\$910</b> (\$91 per month)
8th through 12th Grade (Sundays Only; includes a pizza lunch)	<b>\$750</b> (\$75 per month) \$225 donation	<b>\$600</b> (\$60 per month) \$70 donation	<b>\$525</b> (\$52.50 per month)
The following programs have a flat fee: Confirmation Class (10th grade only)			\$170
	\$155		
	\$100		

Student's Name		Grad	e and / or Program	Tuition
				\$
				\$
				\$
				\$
DI		 ]	Subtotal	\$
Please note: A 3.5% surcharge will be added with use of a credit card. There is no charge if you sign up for payment through Fifth Third Bank's Automated Clearing House (ACH).		Late Fe	e \$50 (if after August 28)	\$
			Donation	\$
Please choose one of the following payment options:		•	Total	\$
I will pay in full (check, ACH or Credit Card)			Amount Paid	\$
I will pay in two payments (check, ACH or credit card)			Amount Du	e <b>\$</b>
☐ I will pay in ten monthly payments fr		check, ACH	or credit card)	
If paying by check, please make check payable to Congregation Shaarey Zedek.	If paying by ACH, please attach a voided check by August 28 and your checking account will be charged.		If paying by Credit Card, plea information:	ase complete your credit card  Mastercard
Check Number:	checking account will be cha	rgea.	Number:	Exp:

## Lifelong Learning Newsongoing Programs



### Needle Arts and Nibbles Shaarey Zedek Knitting Club

Schuler Books Sunday, September 3 at 2:00 p.m.



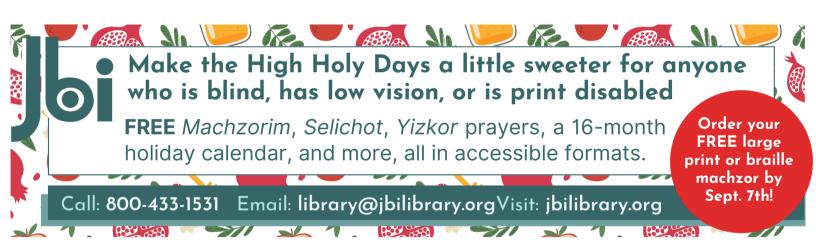
## ReJewvenate

We look forward to gathering again on Saturday, September 2 to nourish our bodies, minds and souls.

### Midrash and Mayhem: Adventures in Genesis

Thursdays, September 7 and 21 at 8:00 p.m. via Zoom

For any **Lifelong Learning** related questions, please reach out to Dr. Margot Valles at (412) 614-0310 or menahelet.margot@shaareyzedek.com.







Jewish Federation of Greater Lansing Campaign Kick-Off Sunday, October 22

## Gifts, Honors and Memorials

Congregation Shaarey Zedek is grateful for your generous contributions to our designated funds. These funds enable the congregation to offer services and programs that would not otherwise be available. While donations of any amount are most welcome, due to rising costs, a minimum donation of \$18 will be required in order to receive a listing in the "Bulletin" and acknowledgment to a recipient.

This policy applies to these funds:

- Jeanette Abeles Scholar-In-Residence Fund
- Bette Sue Rittman All Children Are Special Fund
- Bernard Friedland Educational Fund
- Bubbe Lynn Rycus Beautification Fund
- Building Fund
- Henry Fine and Annette Fine Burke Library Fund
- David and Carrol Kahn Cultural Fund
- Joseph & Jeanette Lutvak Fund
- Joseph and Mable Meites Education Fund
- Jerry Cohen Photography Fund

- Esther and Justin Morrison Fund
- Landscape Fund
- Planned Giving Fund
- Prayer Book Fund
- Robert Goodman Music Fund
- Sophie Radway Memorial PJ Library Fund
- Cantor Pamela Schiffer Caring Community Fund
- Rabbi Morton and Aviva Hoffman Tzedakah Fund

Also included are these funds. Please make separate checks payable to these funds:

• Cemetery Perpetual Care Fund

- Maureen Gladstone Flower and Social Engagement Fund
- Ruth E. Rome Endowed Music Fund
- Florence Rudman Education Fund
- Rabbi's Discretionary Fund
- Shapiro Endowed Religious School Fund
- CSZ Endowment Fund
- L' Dor Vador Fund

#### July - August

#### SOPHIE RADWAY PI LIBRARY FUND

In memory of my parents Walter and Nellie Balzer In honor of Patty Warshaw's retirement

Richard and Bonnie Radway

In memory of Philip Schlachter

Sheila and Leon Schafer

In memory of Dr. Ronald Bigman

Michael Woodrow

Jay and Sandy Goodman Ron and Carol Horowitz

Sue Safir

Rabbi Simone Schicker and Keith Eiser

Roslyn Goorin

Dave, Debbie and Isaac Richmond

Sheila and Leon Schafer Burt and Marlene Altman

#### RELIGIOUS SCHOOL ENDOWMENT FUND

In memory of my husband Stanley Stark Joanna Stark

#### MAUREEN GLADSTONE FLOWER AND SOCIAL FUND

In memory of Clarence Gladstone
In memory of Ronald Gladstone
Marvin Gladstone

#### JOE AND MABLE MEITES EDUCATION FUND

In memory of Mia Forscher

Dave, Debbie and Isaac Richmond

#### **BUILDING FUND**

Mazal Tov to my granddaughter Elizabeth Maybelle Krasna on her *Bat Mitzvah* 

In honor of Patty Warshaw's retirement

lanet Abramson

A generous donation was received from Gretchen Smith

In memory of Beki Bahar

Rebecca Bahar-Cook and Todd Cook

#### CANTOR PAMELA SCHIFFER CARING COMMUNITY FUND

A generous donation was received from Glenn and Jan White

#### RABBI'S DISCRETIONARY FUND

In memory of Dr. Ronald Bigman

Gretchen Smith Lisa and John Craig

Marc Speiser

Terry Selman

A generous donation was made by Gretchen Smith

In Memory of Ruth Sood Zack

Paul Zack

In memory of Oscar Kahn

Jackie and Don Holecek

In memory of Nona and Peter Blum

Terry Selman

In memory of Myra Shapiro Gary Shapiro

# Sisterhood Silent Auction November 19

Shaarey Zedek Sisterhood is excited to invite you to participate in our silent auction on **November 19** inside the Davis Family Social Hall during the annual Sisterhood Super Sale. We are counting on your generous support to make it a resounding success.

#### Why Donate?

Donating items to the silent auction is a wonderful way to support Sisterhood. Your contributions can be anything from new or gently used goods to unique experiences and services.

#### Here is why your donations matter:

- Supporting a Worthy Cause By donating items or services, you are directly supporting our efforts to promote closer fellowship among members and support religious, social, and educational activities at Shaarey Zedek
- Building a Stronger Community By donating, you demonstrate your commitment to creating a stronger and more supportive Jewish community for everyone.
- Showcasing Your Talents Are you an artist, artisan, or business owner? Donating your creations or services to the auction promotes your talent and helps create a unique and diverse array of items for others to bid on.

#### Why Attend?

By stopping by on November 19 to bid on items, you will support Shaarey Zedek Sisterhood and our members' work to bolster our synagogue. It's a great place to look for *Chanukah* gifts right before the holidays!

- Discover Unique Treasures Our silent auction will feature an assortment of items, experiences, and gift certificates generously donated by local businesses and individuals. It's a perfect opportunity to find treasures while supporting a good cause.
- Make a Difference By bidding on items, you actively contribute to the fundraiser's success. Your bids and purchases directly translate into resources for Shaarey Zedek.

#### How to Get Involved:

- Donate Items or Services Contact Shawn Olds at shawnolds1967@gmail.com or 896-5199 to arrange pick up for small to medium items and delivery for larger items. Your contribution, no matter the value, will be greatly appreciated.
- Join Us November 19 Add November 19 to your calendar and share the news about the fundraiser with your network.
- Spread the Word –The more people who attend and bid, the more significant an impact we can make together.
- Bid with Purpose Bid generously and bid often. Because there isn't any overhead, every dollar raised will help one of our Shaarey Zedek children go to camp, support our social and educational programs, and help fund our Religious School.



# Synagogue News

## Prayers of Healing

are sent to:

John Eulenberg Lorri Gordon

Celia Guro

Brenda McCloud

John McCloud

Winnie Rome

Dany Rothfeld

Steve Siet

Karen Weinstein

Alan 7ohott

It is our custom to read the names of those in need of healing at our Friday evening *Shabbat* services. If you would like the name of a loved one read at services, please contact the synagogue office by noon on Friday.

Please note: In order to keep our list current, a new list will be started each month. Names from the previous month will not be retained. Thank you.

Deep felt **thank you** to all of you who remembered my significant birthday in June. All my best to you,

**Mary Levine** 

#### **DIRECTORY UPDATE**

New address for John and Brenda McCloud: 1831 Nemoke Court, Apt 4, Haslett, MI 48840

Deborah Margolis and Chris Cyrul: 932 Sunset Lane, East Lansing, MI 48823

We are selling coupon books to support PJ Library. For \$25 you can get \$5000 worth of coupons for local restaurants and businesses. Please contact Burt Altman at 339-3374 to purchase one. Thank you!



### **Birthdays**

1 Leia Kasen, Ken Adams

2 V Collins, Brenda Hull

8 Thea Glicksman

10 Vicki Brown

11 Zachary Dyme

12 Amy Rosenberg, Lauren Warshaw

13 Jason Moser, Oliver Jodoin

18 Suzanne Lowe, Jill Mittleman

19 Roslyn Covey, Charles Feger, Nell Kuhnmuench

22 Wilbert Hines III

23 Howard Rittman

24 Rosanne Cherkinsky, Ken Norris, Darlene Pollyea Morgan, Beth Brauer

29 Talia Kalay, Burton Altman, David Mittleman

30 Sean Valles

#### **MEMORIAL BOARD PLAQUES**

Memorialize your loved one and honor their name with a plaque in the Shaarey Zedek sanctuary. Plaques are \$550 and proceeds support the General Fund of the annual budget.



5 Rebecca Bahar-Cook & Todd Cook

Mazal

6 Laura Lund & Charles Feger, Iris & Stephen Linder, Jeffrey & Vida Rothstein

11 Linda Gold & Michael Ranieri

15 Burton & Marlene Altman





# Introduction To Judaism

#### Taught by Rabbi Amy Bigman

Never had a chance to go to religious school? Or perhaps you've forgotten some of what you learned as a child? Pursuing an interfaith relationship and want to understand your partner's religion? Or perhaps you are thinking of becoming Jewish? Then this is the course for you! We will learn about holidays, life cycle events, prayer, and much more.

Introduction to Judaism is free for Shaarey Zedek members and \$36 for non-members. (Please note: Students will be asked to purchase books to supplement the lessons taught in class.)

Classes will meet on Wednesdays from 6:30–8:30 p.m. on the dates listed below. Pre-registration is required.

Wednesdays,
October 4,11, 18, 25
November 8, 15, 29
December 6
(No classes on November 1 and November 22)

For further information, please contact Rabbi Amy Bigman at 351–3570 or via e-mail at rabbibigman@shaareyzedek.com. The **deadline** for registration will be **September 27**.

Yes, I want to participate in the Introdu	iction to Judaism course!
My check for \$36 made payable to Cong	gregation Shaarey Zedek is enclosed
I am a Shaarey Zedek member.	
Name	
Address	
Phone # E-mail addre	

Please return this form and payment by September 27 to: Rabbi Amy Bigman Congregation Shaarey Zedek, 1924 Coolidge Road, East Lansing, MI 48823

## **Yahrtzeits**

#### September 1

Nellie Balzer Milton Baron lack Behrman Hugh Fox Helen Murphy Fred Nolish David Rabin Hannah Rabin Jehoash Rabin Sarah Rabin Anne Selman Simeon Spalter Rosa Spivak Sidney Taren Morris Teles Mark Walker

#### September 8

Robert Goodman
Hannah Harvith
Samuel Kaplowitz
Florence Kessler
Lillian Levy
Anna Marks
Lynn Rycus
David Simon
Herman Tannenbaum
Leonard Wolf

#### September 15

Rose Bassing
Lillian Frank Bellows
Katherine Blau
Lori Cohen
Milton Greenberg
Jordan Isaacs
Bella Kominars
Seymour Lurie
Victor Morin
Robert O'Brien
Leonard Rothstein
Dr. Allen E. Silver

#### September 22

Felix Abeles Albert Bassing Ted Brody lack Burke Phyllis Cohen Sylvia Friedland **Julius Friedlis** Jeffrey Ginsberg Harriet Ginsburg Benjamin Glicksman Carrol Kahn Chana Kamins Ida Kamins Enid Kaplowitz Ed Kessler Florence Lachman Joseph Rubin Ina Schnitzer Morris Shriman Milton I. Sondell Robert Warnke

#### September 29

Cecil Browde
Marston Busch
Zvi Hirsch Epstein
Vivian Hopkins
Donald Hillel Hull
Irving L. Marks
E. Dean Meuterspaugh
Dorothy Nolish
Miriam Rycus
Jack Jacob Shulman
Paula Baron Simon
Peggy Warshaw
Eva Weiner
Suzi Zipkin

#### **CONDOLENCES** are sent to

Celiarose Varner & Aaron Pollyea, on the death of her brother and his uncle Leslie Pollyea, on July 15

Amy Bigman, on the death of her father Ronald Bigman, on July 26 Margot Valles, on the death of her grandmother Mia Forscher, on July 27 Gayle Morrison, on the death of her mother Sylvia Leveskyn, on July 29 Congregation Shaarey Zedek 1924 Coolidge Road East Lansing, MI 48823

## Worship Schedule

Friday, September 1, Shabbat Evening Service 7 p.m.

Friday, September 8, Shaarey Zedek Live! *Shabbat* Evening Service 6 p.m.

Oneg Sponsors -- Sara/Robert Lurie, Micah Lurie/Nicholas Hefty, Krystal Sharpe-Kamer/Brian Kamer

Friday, September 15 Rosh Hashanah Evening 7:30 p.m. Saturday, September 16 Rosh Hashanah-- please see page 4 Sunday, September 17 Rosh Hashanah 9:00 a.m.

Friday, September 22, Shabbat Evening Service, 7 p.m.

Oneg Sponsors -- Brenda/John McCloud, Roslyn Covey, Karen Weinstein

Sunday, September 24 *Kol Nidrei* 7:30 p.m. Monday, September 25 *Yom Kippur*--please see page 4

Friday, September 29, Shabbat Evening Service, 7 p.m.